



# SALE ON FROM: MARCH 6TH - MARCH 12TH

**Bens Original**  
**RICE**  
 Select Varieties  
 240-250 G



3 FOR **\$11**

NNC

**Campbell's** **CONDENSED SOUP**  
 Select Varieties  
 284 ML



4 FOR **\$10**

**Hunts** **SAUCE**  
 Tomato or Thick & Rich Pasta Sauce  
 Select Varieties  
 680 ML or  
**TOMATO PASTE**  
 Regular  
 369 ML



2 FOR **\$6**

Canadian Products NNC

**CATELLI** **PASTA**  
 Healthy Harvest, Bistro or Smart  
 Select Varieties  
 340-375 G



3 FOR **\$6.99** EA

NNC

**COMPLIMENTS**  
 Rice  
 Parboiled  
 Long Grain Brown or White  
 2 KG



6 FOR **\$19** EA

Canadian Products NNC

**COMPLIMENTS**  
 Soya Sauce  
 Regular or Less Salt  
 450 ML



2 FOR **\$4.99** EA

Canadian Products NNC

**COMPLIMENTS**  
 Barbecue Sauce  
 Select Varieties  
 425 ML



4 FOR **\$3.99** EA

Canadian Products NNC

**COMPLIMENTS**  
 Light Tuna  
 Flaked or Solid  
 Select Varieties  
 85 G



2 FOR **\$4**

Canadian Products NNC

**COMPLIMENTS**  
 Seasoning Mix  
 Select Varieties  
 35 G



1 FOR **\$1.29** EA

Canadian Products NNC

**COMPLIMENTS**  
 Beans  
 Select Varieties  
 398 ML



3 FOR **\$6**

Canadian Products NNC

**COMPLIMENTS**  
 Condensed Soup  
 Cream of Mushroom,  
 Vegetable or Tomato  
 284 ML



9 FOR **\$11**

Canadian Products NNC

**COMPLIMENTS**  
 Instant Noodles  
 Asst. Cup 65 G



1 FOR **\$1.29** EA

Canadian Products NNC

**COMPLIMENTS**  
 Instant Noodles  
 Asst. 85 G



3 FOR **\$2**

Canadian Products NNC

**COMPLIMENTS**  
 Tomato Ketchup  
 750 ML or 1L



4 FOR **\$4.99** EA

Canadian Products NNC

**COMPLIMENTS**  
 Natural Spring Water  
 24 X 500 ML



5 FOR **\$5.99** EA

Canadian Products NNC

**SAN PELLEGRINO**  
 Sparkling Drinks  
 Select Varieties  
 6 X 330 ML or  
**PERRIER**  
 Sparkling Beverage  
 Select Varieties  
 8 X 330 ML



9 FOR **\$9.99** EA

**Dare** **CRACKERS**  
 Select Varieties  
 100-225 G



2 FOR **\$7.50**

Canadian Products NNC

**good host** **ICED TEA MIX**  
 Classic  
 2.35 KG



21 FOR **\$19** EA

**ICE** **SPARKLING WATER**  
 Naturally Flavoured  
 Asst. 503 ML




2 FOR **\$4**

**QUAKER** **CRISPY MINIS**  
 Select Varieties  
 90-199 G



2 FOR **\$7**

**PEPSI** **PRODUCTS**  
 Asst. 12 X 355 ML



8 FOR **\$6.99** EA

**Lay's** **POTATO CHIPS**  
 Select Varieties  
 200-235 G



2 FOR **\$9.50**

**minis** **CHIPS**  
 Sun Chips, Cheetos or Doritos  
 Select Varieties  
 102-145 G



4 FOR **\$6.99** EA

**McCain** **DEEP'N DELICIOUS**  
 Cake  
 Select Varieties  
 510 G



7 FOR **\$4.99** EA

Canadian Products NNC

**Pogo** **CORN DOGS**  
 All Beef  
 600 G or  
 Original  
 750 G



9 FOR **\$9.99** EA

Canadian Products NNC

**CREAMSICLE, FUDGSICLE OR REVELLO**  
 12 X 60 ML



6 FOR **\$19** EA

Canadian Products NNC

**KO** **DELUXE**  
 Pasta & Cheese Sauce  
 Select Varieties  
 340 G or  
**CRAVE**  
 Frozen Entrees  
 Asst. 200-340 G



6 FOR **\$19** EA

Canadian Products NNC

**NOSSACK**  
 Sausage Rolls  
 Beef or Pork  
 4 X 90 G



8 FOR **\$8.09** EA

**Cavendish** **FRIED POTATOES**  
 Frozen  
 Select Varieties  
 454-750 G or  
 Quick Crisp Onion Rings  
 400 G



4 FOR **\$4.99** EA

Canadian Products NNC

# SALE ON FROM: MARCH 6TH - MARCH 12TH

**COMPLIMENTS**  
Drink  
Select Varieties  
2 L

3 FOR

**\$8**

Canadian Products

**QUAKER CHEWY OR DIPPS**  
Granola Bars  
Select Varieties  
120-156 G

**3<sup>69</sup>**  
EA

**Toaster CLASSIC WAFERS**  
Asst. 175 G

**3<sup>69</sup>**  
EA

**Toaster PATISSERIE**  
Select Varieties  
100 G

**4<sup>99</sup>**  
EA

**Toaster QUADRATINI WAFERS**  
Crispy Cubes or Bite Size  
Select Varieties  
220-250 G

**5<sup>59</sup>**  
EA

**Dare SNACKS**  
Bear Paws, Viva Puffs,  
Wagon Wheels or  
Simple Pleasures  
Select Varieties  
168-360 G

2 FOR

**\$8**

Canadian Products

**NATURE VALLEY BLUEBERRY MUFFIN**  
Bars  
175 G or  
Snack Packs  
Select Varieties  
168 G

**5<sup>59</sup>**  
EA

**CEREAL**  
Select Varieties  
450-650 G

NCC ✓

**7<sup>49</sup>**  
EA

**General Mills CEREAL**  
Select Varieties  
455-778 G

NCC ✓

**7<sup>49</sup>**  
EA

**OLD FASHIONED PIE**  
Select Varieties  
114 G

**1<sup>59</sup>**  
EA

**SchoolSafe MINI LOAVES**  
Select Varieties  
280 G

**4<sup>99</sup>**  
EA

Canadian Products

**COMPLIMENTS**  
Loaf Cake  
Select Varieties  
344-400 G or  
Mini Muffins  
Chocolate Chip or Blueberry  
336 G

**6<sup>19</sup>**  
EA

Canadian Products

**Dempster's BREAD**  
White  
570 G or  
Whole Wheat  
675 G

NCC ✓

**4<sup>99</sup>**  
EA

Canadian Products

**COMPLIMENTS**  
Garlic Bread  
284 G

NCC ✓

**2<sup>49</sup>**  
EA

Canadian Products

**COMPLIMENTS**  
Cottage Cheese  
Asst. 500 G

NCC ✓

**4<sup>99</sup>**  
EA

Canadian Products

**COMPLIMENTS**  
Salad  
Select Varieties of  
Potato or Macaroni  
908 G or  
Creamy Coleslaw  
850 G

**6<sup>89</sup>**  
EA

Canadian Products

**Singles ORIGINAL CHEDDAR**  
28'S or 44'S  
825 G

NCC ✓

**8<sup>69</sup>**  
EA

**CRACKER BARREL SHREDDED CHEESE**  
Select Varieties  
250-320 G,  
Crumbled Feta  
300 G or  
**CHEESE BLOCK**  
Select Varieties  
340-400 G

NCC ✓

**9<sup>99</sup>**  
EA

Canadian Products

**IMPERIAL MARGARINE**  
Tub  
850 G

NCC ✓

**6<sup>89</sup>**  
EA

Canadian Products

**Beatrice CHOCOLATE MILK**  
946 ML

NCC ✓

**3<sup>39</sup>**  
EA

Canadian Products

**Nestlé BEVERAGE**  
Coffee Crisp or Rolo Milk Shake  
473 ML

**2<sup>09</sup>**  
EA

**ACTIVIA YOGURT**  
Expert Pre+Probiotic  
Strawberry, Cherry or Blueberry  
4 X 100 G

NCC ✓

**4<sup>99</sup>**  
EA

**Coffee mate COFFEE ENHANCER**  
Liquid  
Select Varieties  
946 ML

**6<sup>19</sup>**  
EA

**siggis YOGOURT**  
Select Varieties  
650 G

NCC ✓

**7<sup>19</sup>**  
EA

**MILK 260 BEVERAGE**  
Select Varieties  
473 ML

**2<sup>09</sup>**  
EA

**Boursin SOFT WHITE CHEESE**  
Select Varieties  
130-150 G

NCC ✓

**7<sup>49</sup>**  
EA

**Downy RINSE REFRESH**  
Select Varieties  
473 ML or  
**UNSTOPABLES**  
Scent Booster  
Select Varieties  
141-150 G

**6<sup>19</sup>**  
EA

**COMPLIMENTS**  
Grip N Tie Bags  
Select Varieties  
30'S or 48'S

Canadian Products

**4<sup>99</sup>**  
EA

**CLOROX CLEAN-UP**  
Disinfecting Bleach Cleaner  
Select Varieties  
946 ML or  
**FOAMER**  
Disinfecting Bleach  
Original  
887 ML

**6<sup>19</sup>**  
EA

SALE ON FROM: MARCH 6TH - MARCH 12TH

PRODUCE!



CELERY

NNC ✓

4<sup>39</sup>  
EA



PINEAPPLES

NNC ✓

6<sup>19</sup>  
EA



PEPPERS

Red, Orange or Yellow

NNC ✓

4<sup>99</sup>  
LB 10.98 KG



KIWI FRUIT

1 LB Basket

NNC ✓

6<sup>19</sup>  
EA 1 LB BASKET



BROCCOLI CROWNS

NNC ✓

3<sup>09</sup>  
LB 6.80 KG



BANANAS

NNC ✓

1<sup>09</sup>  
LB 2.40 KG



TOMATOES ON THE VINE

NNC ✓

3<sup>09</sup>  
LB 6.80 KG



ATAULFO MANGOES

NNC ✓

2 FOR  
\$6



ENGLISH CUCUMBERS

NNC ✓

2 FOR  
\$4



CHOPPED SALAD KIT

Select Varieties  
305-383 G

NNC ✓

6<sup>19</sup>  
EA

SALE ON FROM: MARCH 6TH - MARCH 12TH

MEATS!

CANADA A/AA/AAA GRADE BEEF & FEDERALLY INSPECTED PORK & POULTRY -EXPECT THE BEST FROM EXCELLENT MEAT CUTTERS!

LEG OF PORK ROAST



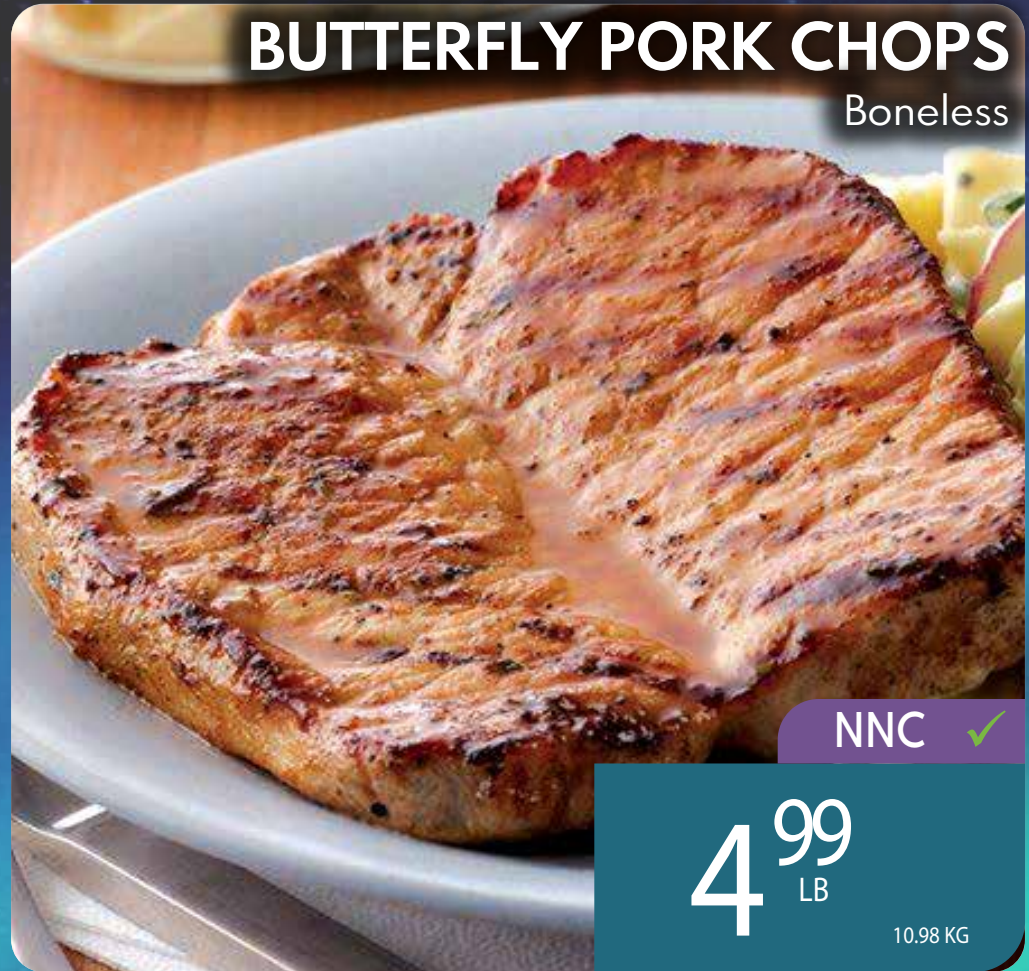
NNC ✓

3<sup>69</sup>  
LB

8.12 KG

BUTTERFLY PORK CHOPS

Boneless



NNC ✓

4<sup>99</sup>  
LB

10.98 KG

PORK BACK RIBS

Fresh



NNC ✓

6<sup>19</sup>  
LB

13.62 KG

GROUND CHICKEN



NNC ✓

7<sup>49</sup>  
LB

16.48 KG

# SALE ON FROM: MARCH 6TH - MARCH 12TH

## MEATS!

**Mitchell's** **GARLIC SAUSAGE**  
750 G



Canadian Products NNC ✓

**11<sup>19</sup>**  
EA

**Mitchell's** **PEPPERONI OR SALAMI**  
Chub  
500 G



Canadian Products NNC ✓

**8<sup>69</sup>**  
EA

**Mitchell's** **SAUSAGE SNACK**  
Long Stick  
Pepperoni or Honey Garlic  
450 G



Canadian Products NNC ✓

**9<sup>99</sup>**  
EA

**Mitchell's** **SMOKED HAM**  
Black Forest or Honey  
1 KG



Canadian Products NNC ✓

**24<sup>99</sup>**  
EA

**Mitchell's** **PIE**  
Beef, Chicken or Turkey  
Frozen  
190 G



Canadian Products NNC ✓

3 FOR  
**\$6**

**Mitchell's** **HERITAGE BACON**  
Thick Sliced  
1 KG



Canadian Products NNC ✓

**13<sup>69</sup>**  
EA

**Johnsonville** **SMOKIES**  
Select Varieties  
375 G



Canadian Products NNC ✓

**7<sup>49</sup>**  
EA

**BURNS** **BEEF BURGERS**  
1 KG



Canadian Products NNC ✓

**23<sup>69</sup>**  
EA

**BURNS** **WIENERS**  
375 G



Canadian Products NNC ✓

**3<sup>69</sup>**  
EA

**BURNS** **COOKED HAM**  
375 G or  
**BOLOGNA**  
500 G



Canadian Products NNC ✓

**7<sup>49</sup>**  
EA

**SEABOARD FISHWAYS** **BREADED CHICKEN**  
Fully Cooked  
Cutlettes or Burgers  
1 KG



Canadian Products NNC ✓

**6<sup>19</sup>**  
EA

**Brandt** **KOLBASSA CHUBS**  
Select Varieties  
250-300 G



Canadian Products NNC ✓

**6<sup>19</sup>**  
EA

**Maple Lodge** **CHICKEN BREAST**  
Sliced  
Select Varieties  
200 G



Canadian Products NNC ✓

**3<sup>69</sup>**  
EA

**PINTY'S** **CHICKEN**  
Select Varieties  
700-790 G



Canadian Products NNC ✓

**16<sup>19</sup>**  
EA

**campfire** **GARLIC SAUSAGE**  
Coil  
500 G



Canadian Products NNC ✓

**8<sup>69</sup>**  
EA







**campfire** **BACON**  
375 G



Canadian Products NNC ✓

**3<sup>69</sup>**  
EA

**DELI MEAT** SLICED FRESH THE WAY YOU LIKE!

<b>PANACHE</b> Angus Roast Beef  <b>4<sup>39</sup></b> /100G	<b>BURNS</b> Toupie Deli Ham  <b>1<sup>89</sup></b> /100G	<b>COMPLIMENTS</b> Turkey Breast Roast Regular or Smoked  <b>2<sup>89</sup></b> /100G
<b>COMPLIMENTS</b> Chicken Breast Regular or Smoked  <b>2<sup>49</sup></b> /100G	<b>COMPLIMENTS</b> Black Forest or Honey Ham  <b>1<sup>89</sup></b> /100G	<b>COMPLIMENTS</b> Mock Chicken Loaf With Bread Crumbs  <b>1<sup>19</sup></b> /100G

**COMPLIMENTS**  
Montreal Smoked Meat,  
Pastrami Bottom Round,  
Roast Beef Round or  
Corned Beef  
  
**3<sup>39</sup>** /100G

**SMITH'S**  
Bung Bologna,  
Pepperoni or Salami  
  
**1<sup>19</sup>** /100G

**SMITH'S**  
All Beef Salami  
  
**2<sup>49</sup>** /100G

**WINNIPEG OLD COUNTRY**

**WIENERS**  
6"  
Skinless  
500 G  


**OLD COUNTRY**  
**WINNIPEG**  
**OLD**  
**COUNTRY**

**7<sup>49</sup>** EA

**SMOKIES**  
Regular  
1 KG  
  
**12<sup>49</sup>** EA

**SMOKIES**  
Cheese  
1 KG  
  
**14<sup>99</sup>** EA

**HAM SAUSAGE**  
Special  
  
**1<sup>99</sup>** /100G

**BACK BACON**  
  
**2<sup>49</sup>** /100G

# SALE ON FROM: MARCH 6TH - MARCH 12TH

## SUPERSTORE SALES!

**LIBERTE**  
Greek Yogurt  
Select Varieties  
650-750 G



Canadian Products  
NNC ✓

**8<sup>59</sup>**  
EA

**NO NAME**  
Canola Oil  
3 L



Canadian Products  
NNC ✓

**9<sup>99</sup>**  
EA

**AYLMER**  
Tomatoes  
796 ML or  
Accents  
540 ML  
Select Varieties



Canadian Products  
NNC ✓

**2<sup>69</sup>**  
EA

Buy 3  
\$1 Price

**D'ITALIANO**  
Bread  
600/675 G or  
Buns  
6/8'S  
Select Varieties  
and Sizes



Canadian Products  
NNC ✓

2 FOR  
**\$7**

Buy 4  
\$1 Price

**MELONA**  
Ice Bar  
Select Varieties  
Frozen  
560 ML



**7<sup>99</sup>**  
EA

**CHRISTIE**  
Crackers  
Select Varieties  
162-200 G



Canadian Products  
NNC ✓

**3<sup>29</sup>**  
EA

**MISS VICKIE'S**  
Kettle Cooked Chips  
Select Varieties  
190/200 G



Canadian Products  
NNC ✓

**5<sup>29</sup>**  
EA

**CAMPBELL'S**  
Chunky Soup  
Select Varieties  
515 ML



**2<sup>99</sup>**  
EA

**OIKOS**  
Greek Yogurt  
Select Varieties  
4 X 95/100 G



Canadian Products  
NNC ✓

**4<sup>69</sup>**  
EA

**PILLSBURY**  
Toaster Strudel  
326 G or  
Scrambles  
204 G  
Frozen  
Select Varieties



**3<sup>99</sup>**  
EA

**ROYALE**  
Facial Tissue  
Select Varieties  
6'S



Canadian Products  
NNC ✓

**7<sup>99</sup>**  
EA

Buy 2  
\$1 Price

**GREEN GIANT**  
Vegetables  
Select Varieties  
341/398 ML



Canadian Products  
NNC ✓

**1<sup>99</sup>**  
EA

**KNORR**  
Sidekicks  
Select Varieties  
116-162 G



**2<sup>19</sup>**  
EA

**DEL MONTE**  
Canned Fruit  
Select Varieties  
398 ML



Canadian Products  
NNC ✓

**3<sup>69</sup>**  
EA

**PRINGLES**  
Super Stack Potato Chips  
Select Varieties  
148-156 G



**3<sup>29</sup>**  
EA

**STARBUCKS**  
Coffee Enhancer  
Select Varieties  
828 ML



**9<sup>29</sup>**  
EA


**BREYERS**  
Family Classic  
Frozen Dessert  
Select Varieties  
1.4L



Canadian Products  
NNC ✓

**4<sup>99</sup>**  
EA

**DR. OETKER**  
Rising or Thin Crust Pizza  
Select Varieties  
439-785 G



Canadian Products  
NNC ✓

**7<sup>29</sup>**  
EA

# SALE ON FROM: MARCH 6TH - MARCH 12TH

## PLATTERS/ CASE DEALS!

Allow 48 Hours Preperation Time For Platters

**CHEESE PLATTER**  
Tray  
Medium  
Serves 14-24



NCC ✓

**109<sup>99</sup>**  
EA

**CHEESE PLATTER**  
Traditional  
Small  
Serves 10-14



NCC ✓

**72<sup>49</sup>**  
EA


**CHEESE PLATTER**  
Traditional  
Large  
Serves 24-34



NCC ✓

**137<sup>49</sup>**  
EA

**MEAT & CHEESE**  
Combo Platter Tray  
Small  
Serves 10-14



NCC ✓

**57<sup>49</sup>**  
EA

**MEAT & CHEESE**  
Combo Platter Tray  
Medium  
Serves 15-25



NCC ✓

**89<sup>99</sup>**  
EA

**LUSCIOUS LAYERS**  
Platter  
48 PK



**52<sup>49</sup>**  
EA

**LUSCIOUS LAYERS**  
Platter Tray  
22 PK



**24<sup>99</sup>**  
EA

**SWEET BLISS**  
Dessert Party Tray  
50 PK



**49<sup>99</sup>**  
EA

**COFFEE BREAK DELIGHT**  
Platter Tray  
56 PK



**41<sup>19</sup>**  
EA

**DESSERT SQUARES**  
Platter Tray  
36 PK



**41<sup>19</sup>**  
EA

**PICKLE & OLIVE**  
Gourmet Tray  
Serves 8-10



**31<sup>19</sup>**  
EA

**MEDITERRANEAN DELIGHT**  
Platter Tray  
Serves 10-14



**64<sup>99</sup>**  
EA

**ANTIPASTI**  
Platter Tray  
Serves 10-14



**74<sup>99</sup>**  
EA

**ARTISAN CHEESE**  
Platter  
Serves 10-14



NCC ✓

**72<sup>49</sup>**  
EA

**CHARCUTERIE**  
Tray  
Serves 10-14



NCC ✓

**57<sup>49</sup>**  
EA

**ITALIAN SAUSAGE**  
Hot  
6"  
5 KG



NCC ✓

**70<sup>59</sup>**  
EA

**MAPLE LEAF**  
Pork Side Ribs  
Cryo-Vac  
10 X 2 PK



Canadian Products

NCC ✓

**130<sup>49</sup>**  
EA

**SMITH'S**  
Sirloin Cap Steak  
AAA  
20 X 8 OZ



Canadian Products

NCC ✓

**281<sup>09</sup>**  
EA

**EGGS**  
Large Loose  
Grade A  
15 Dozen



Canadian Products

NCC ✓

**89<sup>39</sup>**  
EA

**SCHNEIDERS**  
Beef Burgers  
54 X 3 OZ




Canadian Products

NCC ✓

**127<sup>79</sup>**  
EA

**CHERRY TOMATO**  
Clamshell  
12 X 1 Pack



NCC ✓

**74<sup>09</sup>**  
EA

**RASPBERRIES**  
12 X 6 OZ



NCC ✓

**69<sup>59</sup>**  
EA

**RED PEPPERS**  
1/9 BU  
11.5 KG



NCC ✓

**108<sup>89</sup>**  
EA

**BANANA**  
Stage 3/4  
40 LB



NCC ✓

**55<sup>89</sup>**  
EA

**CELERY STALKS**  
24 PK



NCC ✓

**114<sup>29</sup>**  
EA

**BASSILI'S BEST**  
Meat & 4 Cheese Lasagna  
4 X 2.27 KG



Canadian Products

NCC ✓

**101<sup>79</sup>**  
EA

**BAKERS KLASSIC**  
Brioche Hamburger Buns  
4.5"  
8 X 8 PK



NCC ✓

**57<sup>39</sup>**  
EA

**CAVENDISH**  
Oven Ready Fries  
6 X 4.5 LB



Canadian Products

NCC ✓

**60<sup>69</sup>**  
EA

**CHEEMO**  
Potato & Cheddar Perogy  
10 X 907 G



Canadian Products

NCC ✓

**39<sup>79</sup>**  
EA

**COD**  
Fillets  
10 LB



NCC ✓

**76<sup>59</sup>**  
EA